

"Here's Your FREE Pass To The Biggest Online Health And Fitness Community For Women Over 40..."



There's no doubt that women over 40 face unique challenges when it comes to fitness -- **our metabolism just isn't what it once was** -- We're also worried about osteoporosis and menopause and as if that isn't enough it's not easy to find the right gym or exercise program specifically designed for our needs...

all those things make the battle of the bulge and quest for fitness seem like a never-ending struggle, but not anymore...

Whether you need to **lose weight, tone, get your hormones in check or simply bring a glow to your life**, we have THE answers to your problems...

Sign up to be notified when we open the doors to the **biggest and most interactive community** for women just like us -- confident, full of life, and tired of fighting our way through a gym full of size 00 20 year olds!

Here you'll find REAL answers to all the issues unique to women after 40 all in one safe place where we can truly shine.

Get On The Notification List Now!

Fill out the form below and you'll immediately receive **FREE** updates about **Fitness After 40** and you'll also be one of the **First to be Notified** when we open our doors!

Email:	<input type="text"/>
Name:	<input type="text"/>
<input type="button" value="Click Here To Submit"/>	

Just enter your first name and valid email address above - then click the "Click Here To Submit" button. As soon as we open our doors you'll be one of the FIRST to enter. Your information is kept 100% confidential at all times.

"Thank You For Entering Your Details" - - As Soon As The Doors Open You Will Be Notified"

Get ready to join a new breed of sexy, confident, self-assured women -- who are 40 plus and proud! It's time to live life on YOUR terms...

Here's a sneak peek of what you're going to learn...

- How to create the fat-burning metabolism of an 18 year old -- even if you're well into your 40s...
- Why your cardio program just isn't working -- and the ONE exercise that will tone, tighten, and melt the fat away easily (and it doesn't involve hours on the treadmill)...
- The fat-burning foods that TRULY crank up your body furnace and shift pounds on demand...
- How to create a lean, sculpted and sexy body without looking like a bodybuilder on steroids -- yes you can be feminine and powerful without looking like a boy!...
- And much, much more -- get ready to unveil the sexy new you...

WAIT, Don't Go Yet!

Sign up to be notified and receive an *Exclusive member's only discount* on our up and coming book - "*The Fabulous Fat Burning Handbook -- Your Guide to Creating a Lean, Sexy, Strong Body*" enter your details below and save up to 40%!

Get On The Notification List

Now!

Fill out the form below and you'll receive a cushy discount on our upcoming book - "***The Fabulous Fat Burning Handbook -- Your Guide to Creating a Lean, Sexy, Strong Body***"

Email:	<input type="text"/>
Name:	<input type="text"/>
<input type="button" value="Click Here To <u>S</u>ubmit"/>	

Just enter your first name and valid email address above - then click the "Click Here To Submit" button. You will receive a hefty exclusive discount on launch day! Your information is kept 100% confidential at all times.